

Heart of the Four Patch- February 2022

Fabric

Four black and white fabrics
Red fabric
Stabilizer

Cutting:

Four 6 ½” squares of four different black and white fabrics
Cut the red fabric and stabilizer the size of your heart. The size of your heart is up to you.

Directions:

Sew the four different black and white squares together like a four patch.



Trace or draw a heart onto the wrong side of your red fabric. The size of your heart is up to you.

Cut out heart.

Cut a piece of stabilizer a little bigger than the heart.

Place the heart on your four patch. Place the stabilizer on the wrong side of your four patch directly under your heart. Pin heart and stabilizer in place.

Machine appliqué using any stitch you want (straight, button, zig zag, decorative). Cut away stabilizer.



Square up to 12 ½”.